

Whole School P.E Overview

INDOOR



OUTDOOR



	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Rec/ Yr1	Into to PE Unit 1	Fitness	Gymnastics Unit 1	Swimming	Swimming	Swimming
	Fundamentals	Games Unit 2	Team Building	Sending and Receiving	Athletics	Ball skills
Yr2/3	Fitness	Team Building	Gymnastics	Gymnastics	Dance	Invasion Games
	Fundamentals	Target Games	Net and Ball Skills	Invasion Games	Athletics	Sending and Receiving & Striking and Fielding
Yr 4	Fitness	Fundamentals	Gymnastics	Dance	Sports hall athletics	Handball
	Invasion Games 1	Problem solving games	Netball	Football	Rounders	Sending and Receiving & Striking and Fielding
Yr4/6	Fitness	Dodgeball	Gymnastics	Dance	Sports hall athletics	Fitness
	Hockey	Invasion Games	Netball	Football	Rounders	Sending and Receiving & Striking and Fielding

OAA – Each class will participate in half a term of Forest schools