



Trinity St Mary's C of E VA Primary School



Friday 23rd May 2025



DEDICATION



Our Core Christian Values

School Hours

Gates open at 8.45am and close at 8.55am for all children.

The school day finishes at 3.25pm for all children.

Lunchtime Cup

This week the Lunchtime Cup is awarded to **Bella** in **Emerald** class for demonstrating our Christian Values. Well done!

House Points

Fenn	41
Shaw	73
Tabrums	67
Marsh	39



Kindness Star of the Week

Well done to:

Humite – Seb S

Emerald – Preston

Amber – Jenson

Ruby – Eloise

Topaz – Oscar

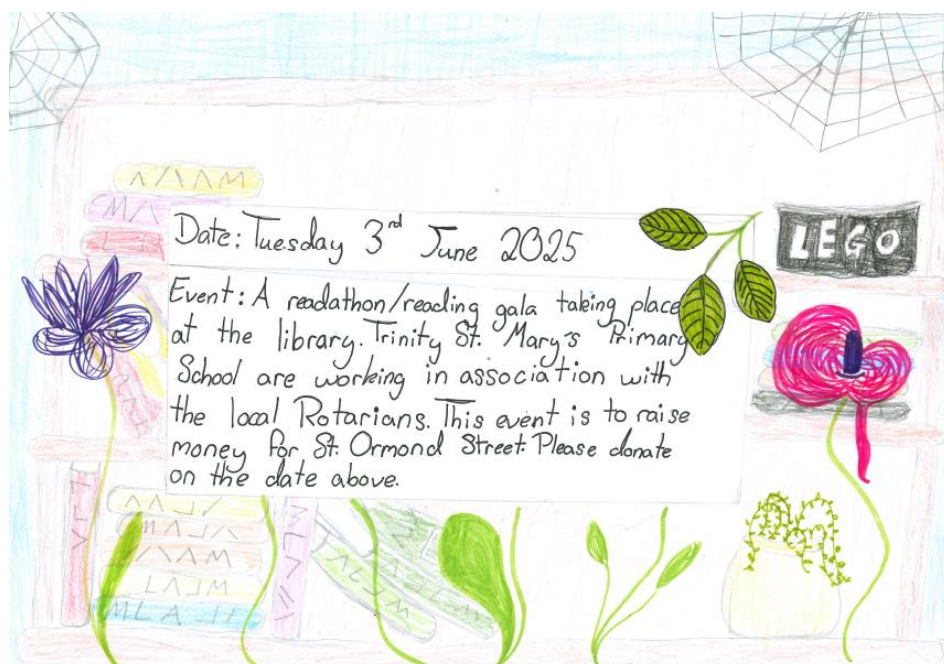
As we are now recognised as a kindness school we are sent a certificate every term to award to a pupil who has demonstrated an outstanding act of kindness. Staff are always looking for children who have demonstrated kindness in school. We now have kindness stickers to acknowledge this. **If you want to nominate a child, whether it be your own or another child in the school, for an outstanding kindness award for an act of kindness outside of school then please email the office.** Senior leaders of the school will then consider all nominations before awarding the certificate at the end of the term.

Keeping Calm. For any pupil at any time they need it, we have found a super resource from Child Line. There are games, activities, class yoga and breathing activities to help to keep your Zen! Plus a meditation page & tips to stay calm.

Go to: <https://www.childline.org.uk/toolbox/calm-zone/>

<https://schoolofkindness.org/meditation-for-children>

<https://schoolofkindness.org/10-ways-to-practise-self-kindness>





Topaz class

'BEST DAY EVER!' is something we have heard on a daily basis in Topaz class, so it is definitely safe to say that wellbeing week has been lots of fun!

On Monday, the children brainstormed what they thought wellbeing meant and gave ideas of different things they could do to look after their own wellbeing and the wellbeing of their family members and friends. I was very impressed with the children's level of knowledge. Some of the suggestions they gave included eating a balanced diet, getting out in nature, getting lots of rest and sleep and exercising regularly, but I think my favourite suggestions were spreading kindness and laughing lots! The children thought that laughing every day always made them feel better and I couldn't agree more!

After our brainstorming session, the children then spent time being very creative and demonstrating their colour mixing and shading skills by painting concentric circles in a variety of blues to represent Topaz class. It was amazing to see the range of shades that the children used and that no two circles ended up the same.

On Tuesday there were lots more smiles and laughter when the children met all of the animals from Rocky's Farm. The children listened carefully to Marcus talk about each of the animals and learnt a great deal about where each animal came from and how to look after them. The whole session was spent cuddling, stroking or feeding a wide variety of beautiful animals. It was also brilliant to see some of the children push themselves out of their comfort zone by holding animals that they were a little bit nervous of! Well done everyone! I did get quite a few requests to see if we could keep snakes, goats, ducks and bearded dragons in our classroom, but sadly had to say I thought that might make our classroom a little bit chaotic!

Following our Rocky's Farm session, the children continued the animal theme of the day and linked it to our topic of the seaside by making Rainbow Fish Suncatchers. After listening to the story and discussing what qualities we need to be a good friend, the children created their own colourful and sparkly scaled fish. They look beautiful, especially when the sun shines through them.

Wednesday saw the children learn all about 'healthy habits'. We were very lucky to have a visit from Catherine and her dragon 'Smiles' who came in to teach the children how to keep their teeth clean and strong. In the afternoon the children created their own 'healthy habit pledge' posters and came up with ideas of what they could do to look after themselves. It was good to listen to the children talk about how important it is to look after our feelings and emotions as well as our bodies. Great advice Topaz class!

Our wonderful environment was the focus for Thursday. After learning about the importance of creating habits for pollinators, including bumble bees to help with our food chain, the children then turned their green fingers to planting a whole range of vegetables using our 'Funky Veg Kits'. The children planted a variety of seeds including Purple Dragon Carrots, Golden Courgettes, Red Brussel Sprouts, Striped Tomatoes and Swiss Chard. Fingers crossed that they all grow well and that they produce some tasty vegetables to eat.

We finished off our fabulous week with some very energetic African Drumming! The children learnt to follow a drumming sequence that included the changing of rhythm and pace. By working together, the children sounded very musical indeed!

It has been a super busy, but fantastic week and the children have launched themselves into every activity with real enthusiasm. The huge smiles that I have seen every day have been a pleasure to see. What a brilliant week Topaz class, well done to you all!

Mrs Allan

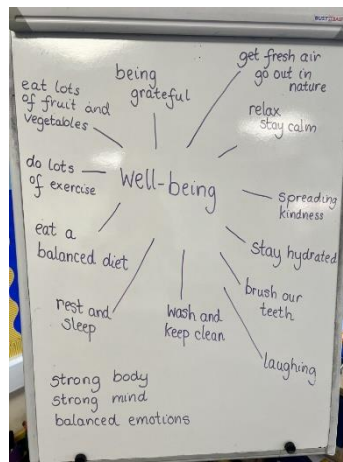
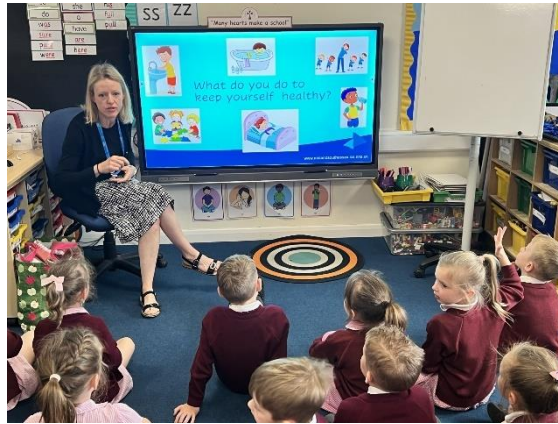














CHILDREN'S HEALTH MATTERS

NHS
Mid and South Essex

Bright smiles are healthy smiles

Don't forget

- 1 Brush your child's teeth for two minutes twice daily with a fluoride toothpaste.
- 2 Spit out toothpaste and do not rinse, as rinsing washes away the fluoride protection.
- 3 Cut down on your child's sugary foods and drinks to prevent tooth decay.
- 4 Take your baby to the dentist when their teeth first come through or by the age of one.
- 5 Visit your dentist on a regular basis*.

For more resources & information scan the QR code

***NHS dental appointments for children are FREE**

Ruby class

Ruby class had an exciting and enriching wellbeing week, packed with hands-on experiences that helped us explore how to care for our minds and bodies in creative, active, and reflective ways. We started on Monday with Art Day, where we discussed how different types of art can be calming and help us express our emotions. Using the pinch pot technique, we created the bases of our sea creature sculptures out of clay, focusing on patience and careful shaping. We also explored colour through painting, learning how to mix tints to create gradients using our class colours. These beautiful pieces will contribute to a vibrant whole-school display celebrating the week.

Tuesday brought a buzz of excitement as a petting zoo visited our school. We met a wide range of animals and many of us showed great courage by holding a snake, high-fiving a tarantula, and even catching a tree frog that hopped out of our hands. We fed goats, stroked guinea pigs, and learned incredible facts such as how some lizards can detach their tails to escape predators. The visit inspired us to write detailed recounts of our favourite moments, using descriptive language to capture the joy and surprise of the day.

On Wednesday, we turned our attention to healthy habits. A special visitor came to teach us about the importance of brushing our teeth properly and choosing snacks with less sugar. We were fascinated to learn that a garden snail has around 14,000 teeth. We also explored the benefits of exercise, especially how it helps our blood pump and boosts our mood. Using timers, we conducted a mini fitness experiment and reflected on how movement makes us feel physically and emotionally.

Thursday was our Nature Day in Forest School, where we used natural materials and lots of imagination to create crows from twisted willow branches. We also got our hands dirty planting some unusual vegetables like purple carrots and white courgettes, and we're excited to see how they grow in the coming weeks. The day ended with a relaxed and joyful family picnic, giving us the chance to connect with loved ones and reflect on our time outdoors.

We ended the week on a rhythmic note with an exciting African drumming session. We explored tempo, pulse, and pitch while listening to different pieces of music, including In the Hall of the Mountain King, where we imagined the story behind the music's changing rhythm. Inspired, we created our own colourful shakers using recycled materials, filling them with rice, pasta, and beads to make a variety of sounds. It was a brilliant end to a week full of creativity, bravery, discovery, and fun, and a celebration of all the ways we can support our wellbeing.

Megan: I liked doing the clay because it had a nice texture.

Eleni: I loved the hamster because it was really soft to cuddle.

Miss Mason





Amber class

Monday was an art focus. We looked at different paint charts in shades of orange and we brainstormed common items that are orange and then came up with our own paint names, focusing on words with positive connotations. We then painted our colour wheels, making five different shades of orange and named them.

After break we looked at complementary colours and the colour wheel. We found that blue is a complementary colour for orange. We looked at the Australian abstract artist Lesley Gibbons and took inspiration from her magpie paintings. We painted our own backgrounds in her style but restricted our palette to orange and complementary shades. Then we looked at the Eurasian magpie and painted our own on top of our background. We added simple leaves and flowers in the same style Lesley used and then painted in some of the negative space around the magpie, plants and flowers.

Tuesday's focus was animals, and we paired this with music as our focus. We looked at Saint-Saens 'The Carnival of the Animals' and made our own mini books about the animals and instruments used to depict them. The children really enjoyed looking at and holding the animals from the petting zoo that visited in the afternoon. Some children were very apprehensive but overcame their fear to hold a tarantula, two types of snakes, gecko, chameleon, tortoise and hamster. It was a thoroughly enjoyable afternoon, and the gentlemen commented on the children's excellent behaviour throughout.

Wednesday kicked off with a very informative talk by two ladies about healthy eating and the importance of not consuming too much sugar. This was an enlightening talk, and the children came away knowing that a child can only burn off 6 teaspoons of sugar per day. The children were shocked at the high levels of sugar in common drinks liked by children. Later we used this as inspiration in our computing lesson and having finished our animation topic, we used our knowledge to create animation about healthy eating using the programme: 2animate.

On Thursday we enjoyed creating environment acrostic poems. We learnt about our environment and discussed how we could all make a change and make a difference to our environment. Miss Hoy set us the challenge of creating well being posters – everyone had such different ideas. We all enjoyed the well being picnic on the field.

Today we have been exploring our emotions. If we have a sad or angry emotion, it is important to have strategies to help overcome them and it was fantastic to brainstorm and share ideas with one another. This afternoon we enjoyed African drumming. The workshop was so much fun. Charlie T liked playing all the tunes and James enjoyed the breaks, as they were very calming. The children look forward to playing them again sometime soon.

Mrs Fung & Mrs Palmer

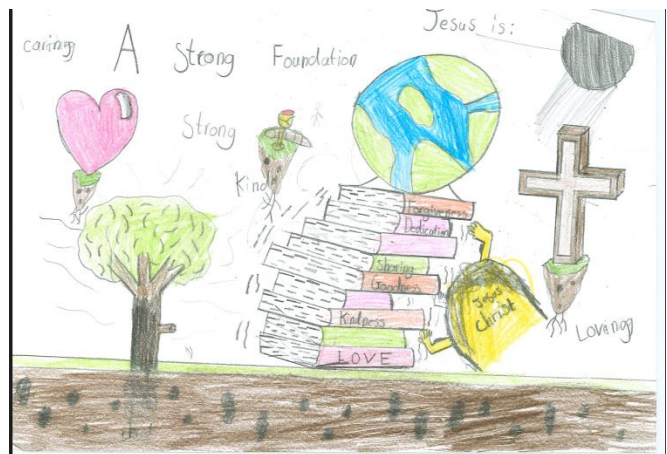




Emerald class

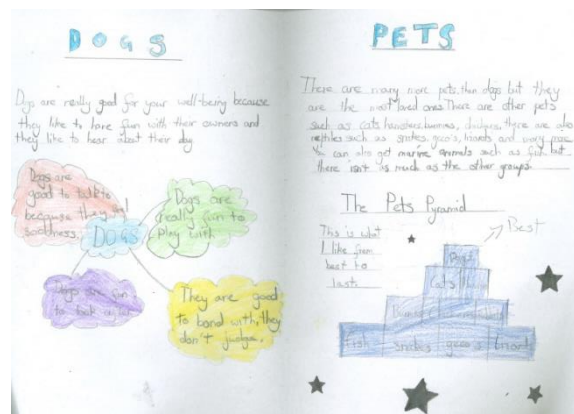
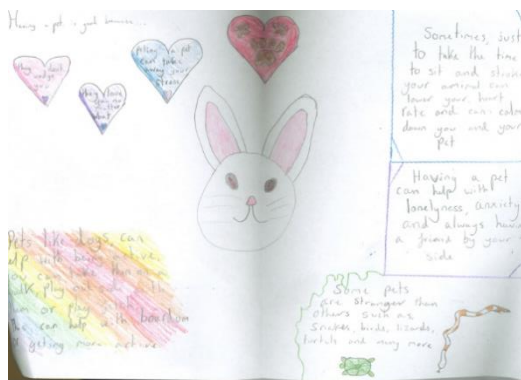
We have had another great week in Emerald class - we have been extremely busy! We have enjoyed some exciting activities linked to wellbeing week and daily themes.

On Monday our focus was Art, we worked by creating and mixing different tones to represent the green of our class name – Emerald. We also looked at our School Vision and designed some posters that represent having strong foundations for our lives.



On Tuesday our theme was 'The Power of Pets' not only did we get to see a huge range of exciting animals and insects.

We also learnt about how pets can be a wonderful source of comfort, reassurance, support and many other elements that are a powerful tool for helping children and adults develop better mental health.





On Wednesday we had a discussion on healthy living and explored what foods are good for us and how to ensure that we consume the foods we need to have a happy and healthy lifestyle. We challenged some misconceptions about certain foods that we often think are healthy but are not, such as smoothies, yoghurts and low calorie/no added sugar drinks.

On Thursday our focus was on the environment and the natural world, first we planted some funky veg and it was amazing to see the children learn about some different types that they hadn't seen or tried before. Then we recycled some old CDs and the children used gems and markers to create some suncatchers, which we will hang in our outdoor nature area (outside Emerald classroom) that the children have been working hard to plant and subsequently take care of.



In the afternoon we explored the natural area to weave a variety of natural materials to create patterns and creations that show the beauty of our world.



Today our theme was music, we enjoyed learning some key notes and techniques with the African drums and using our theme of the Titanic to listen a piece of music and create a story map or storyboard to retell the story in an animation-based format.

Miss Frith



Humite class

This week in Humite, we embraced a wide range of activities designed to support children's wellbeing—emotionally, physically, socially, and mentally. From creative tasks to reflective moments and hands-on learning, every day gave children the chance to explore what it means to be healthy and happy, both inside and out.

We began by creating colour wheels for our library display, with each one representing our class stone—Humite. The stone's silver outside and sparkling inner core reflect how we all have strengths and qualities that may not be visible at first glance. Children thought carefully about their identities and what makes them special, helping to boost their self-awareness and self-esteem.

Year 6 also took part in a Kooth transition session to support their move to secondary school. The session encouraged them to open up about their feelings and helped normalise common worries about change. They explored healthy coping strategies and learned how and where to access support—valuable tools for building resilience and confidence.

Our Ancient Greek theatre mask-making was a calming, creative experience that encouraged children to express themselves artistically. As well as learning about the cultural history of Greek theatre, children benefited from the mindfulness that comes with crafting—focusing, being present, and working patiently on something they were proud of.

Animal Day was filled with joy and excitement as children met a variety of animals, including goats, ducks, snakes, and a chameleon. The experience of connecting with animals helped children feel calm and curious, and also reinforced a sense of care and empathy. Through learning about how to protect these animals and their habitats, children felt empowered to make a difference to the world around them.

On Healthy Habits Day, children explored how physical wellbeing links to mental health. They designed balanced menus and discussed the impact of too much sugar on the body and brain. The nature walk that followed offered a peaceful moment in our day—helping children connect with the outdoors and understand how time in nature can improve mood, focus, and relaxation.

Environment Day provided another chance for children to feel empowered. Creating posters and learning about inspiring environmentalists encouraged them to see themselves as capable of having a positive impact. This sense of purpose and belonging is a key part of emotional wellbeing.

Music Day brought the week to a lively close. Children took part in an African drumming session and explored how rhythm, movement, and sound can shift emotions. They also experimented with instruments and talked about how music can lift us when we're feeling low or calm us when we need to slow down.

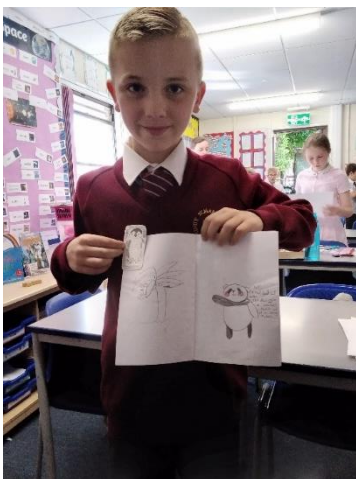
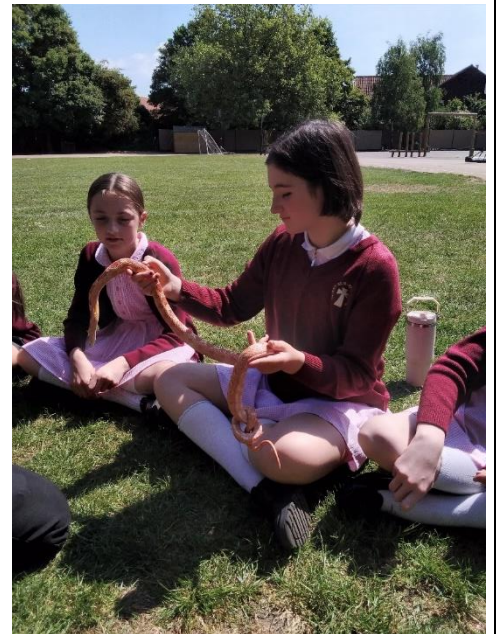
Overall, wellbeing week helped children to reflect on who they are, what they need to feel safe and confident, and how to care for their minds, bodies, and each other. We're incredibly proud of how thoughtfully and enthusiastically they embraced every activity.

Miss Knights











Attendance

Congratulations to **Emerald** class who have the highest attendance this week, with an attendance of **92.90%**. Whole school attendance is **91.27%**.

If your child is absent then please remember to report this before 8.30am either by telephone or via Studybugs stating the reason for your child's absence. **We do not accept emails for reporting absence.** Thank you.

Get the app or register now <https://studybugs.com/about/parents>

Please also be aware that if you plan on taking your child out of school then a leave of absence form must be completed or a copy of the appointment letter must be shown prior to the absence.

Please be reminded that absences need to be reported daily. Therefore if your child is off for more than one day, updates must be provided to the school via Studybugs or voicemail.

In August 2024 the Department for Education issued "Working together to improve school attendance" which is statutory guidance that as a school we must follow. From the 2024/25 academic year schools now have a responsibility to submit a sickness return to the local authority for any child who will miss 15 days consecutively or cumulatively because of sickness.

We will be rewarding attendance every half term this year. A class receives the attendance cup each week. The class that receives the cup the greatest number of times will receive a treat in the last week of that half term.

Lateness

We are seeing quite a few latecomers each morning, arriving via the office. Please be reminded that the gates close at **08:55** for all children. Any child arriving after this time through the office will be given a late mark and you may be called in to discuss this. All late arrivals must give a satisfactory reason.

General Reminders

Lost Property

We currently have a lot of unnamed items in our lost property box. If your child has lost anything this term please take a look through the box to see if it is there, **the box is located under the shelter in the playground. We will be destroying any unclaimed items at the end of the term.**

Water Bottles

Please send a water bottle in every day with your child. Especially as the weather turns warmer it is important that they can keep hydrated throughout the school day. Thank you.

Donations

Any donation of toys would be welcomed for use during lunchtime play, including outdoor toys/games, dolls, board games, cars etc. Thank you in advance.

John Lewis VE Day Display



The school have been working with John Lewis in Chelmsford, who are currently displaying a number of pieces of art work around VE Day produced by children in Humite class. The art work will be displayed in store until 14th June 2025.

Art work on display has been produced by **Harry, Jasmine, Ava K, Ava C, Ella, Grace, Issy, Maddie B, Eloise, Maddie W, Laurel, Kaiden, Theo, Bethan, Effie and Zoe.**

Collective Worship

On Monday we had Collective Worship to start well-being week. We looked at colour therapy and how we use different colours to help with our mental health. We also watched a video and followed along with the mindfulness breathing exercises.

On Tuesday we looked at endangered animals and discussed why animals were becoming endangered. We talked about animals being part of God's creation and how we should look after them.

On Wednesday we watched 'Open the Book' retell the story of Naomi and Ruth. This story teaches us the importance of loyalty and how God will reward us for our kindness, loyalty, and hard work.

Reverend Jackie came in on Thursday to tell us about the fruit of the spirits. There are 9 fruits of the spirit as set out in Galatians 5:22-23. Love, joy, peace, patience, kindness, goodness, faithfulness, and self-control. We talked about ways we show the fruits of the spirits and what ones we find more difficult than others such as patience and self-control.

Written by **Laurel**

Headteacher Summary

What a fantastic week it has been and a lovely way to finish this half term. The children that I have spoken to have thoroughly enjoyed the week and have spoken with such enthusiasm. This is the third time that we have held a Well Being Week. If you have any feedback that you would like to share about the week, either from yourself or from your children, then please email the office.

It was wonderful to be able to work with WdF and their art department on Monday. Four students designed a display with the brief that I gave them and throughout the day they worked hard with groups of our children to paint the design. I hope you agree that the message is clear and the display is bright and bold. The display is now in our library.



It has been great to work with different outside agencies to bring this week alive. We have worked with WdF, Rocky Animals, the nursing team and Essex Music Services. Thank you also to Perrywoods who donated 'Funky Vegetable Kits'.

I would like to thank everyone who could attend our wellbeing picnic. Although the sun was not shining, I hope you enjoyed the afternoon.

Enjoy the half term break and we will see the children for the start of the last half term of this academic year on Tuesday 3rd June.

Miss Hoy

TSM Key Dates 2025

Please find a list of our key dates below. The list will constantly be updated throughout the school year, so please keep an eye out for any changes. Further information will also be sent home, as usual, closer to the dates if needed.

Summer Term	
26 th May 2025	Bank Holiday
27 th May – 30 th May 2025	Half Term
2 nd June 2025	Inset Day
3 rd June 2025	RotaKids Sponsored Readathon
3 rd June 2025	Year 6 Knife Crime Talk at WDF
4 th June 2025	Emerald Class – Road to RIAT Virtual Session
4 th June 2025	Year 6 Gambling Workshop
5 th June 2025	WDF Science Lesson – Emerald
6 th June 2025	Carmel Jane – Class/Group Photos
10 th June 2025	Year 6 - Chelmsford Cathedral Leavers Service
13 th June 2025	FOTSMS - Colourful Non-Uniform Day for the Rainbow Raffle
16 th June – 20 th June 2025	TSM Sports Week
17 th June 2025	RotaKids Meeting
17 th June 2025	Essex Kids Camp
18 th June 2025	Essex Kids Camp
18 th June 2025	Eco Committee Meeting
20 th June 2025	Essex Kids Camp
20 th June 2025	TSM Summer Fete
24 th June 2025	WDF Mini Olympics Year 2
24 th June 2025	Emerald & Year 5 Humite, Essex Schools Food & Farming Day Class Trip
24 th June – 25 th June 2025	WDF Year 6 Induction Days
1 st July 2025	Practise Sports Morning
2 nd July 2025	Topaz Sealife Adventure Class Trip
3 rd July 2025	TSM Sports Morning
4 th July 2025	Summer Reading Assembly
9 th July 2025	Essex County Fire & Rescue Service – Water & Summer Safety Assembly
15 th July 2025	Rocksteady Music Summer Concert
17 th July 2025	RESERVE TSM Sports Morning
21 st July 2025	Year 6 Leavers Assembly
23 rd July 2025	Summer Holidays



Barleylands

We sell Barleylands tickets for £12.50 each, a huge saving on the gate prices and they now have this amazing outdoor play area opening for May Half Term.

Contact Marie Knight or our Facebook page for more details [FOTSMS \(Friends of Trinity St Mary's School\) | Facebook](#)



Clothing Collection



Thank you to everyone who donated clothes etc for our clothing collection, we raised a fantastic.....

£139.05

Rainbow Raffle Hampers for the Summer Fete 3rd – 13th June



After the amazing success of last year's Rainbow Raffle, we will be holding another one this year at the summer fete and we are asking for donations from each class.

Instead of a £1 donation for our wear the rainbow non-uniform day on Friday 13th June we are asking for a 'colour' donation (children can wear any colour they wish).

Each class has been given a colour and we would love donations of NON-PERISHABLE items in that colour to go into our amazing raffle hampers to be won at the summer fete.

Vicki Bohr – Chair FOTSMS



FOTSMS Event Diary

3 rd – 13 th June 2025	Rainbow Raffle Donations	Donation boxes will be in class to collect non-perishable items.
13 th June 2025	Wear the Rainbow Non-Uniform Day	Donations to the Rainbow Raffle.
20 th June 2025	Summer Fete	More details to follow.

Book Bags
Each new child starting Reception gets gifted a school book bag from FOTSMS as our welcome.

Christmas & Easter Gifts for every child

Leavers Hoodies, Pizza Treat after SATs & Autograph Books

Our School PTA Friends of Trinity St Mary's

We fundraise for the school in numerous ways whilst creating fun lasting memories for the children and their families.

We hold discos, non-uniform days, sales for special occasions such as Mothering Sunday and Christmas, Summer Fete etc.

If you have any queries, please come and speak to us or message us via the Facebook page at the bottom of the page.

Some of our larger projects include funding towards the refurbishment of the Conservatory and the new Outdoor Library

Each child receives a Christmas Decoration when they join the TSM family which leaves with them at the end of their school journey.

Pre-loved Uniform SALE

FOTSMS (Friends of Trinity St Mary's School) | friendsotrinitystmarys@gmail.com

TRINITY ST MARY'S SUMMER FAIR

Friday 20th June
3.20pm - 5.30pm

Join Us for an Exciting Event!

Unlimited Inflatables: Kids can enjoy endless bouncing with our wristbands—only £8 in advance or £10 on the day!

Phoebe's Pantry | Gelato Ice Cream
Rainbow Raffle | Face Painting | Class Stalls

Bring your picnic blankets and family and friends for a day of joy and entertainment!



Essex Child and Family Wellbeing Service



Certificate of Achievement

for the successful completion of a health improvement project in 2024/2025 linked to:

PSHE Education (including RSE)

Trinity St. Mary's C of E Primary School

March 2025

K. Polhill